

First Aid – CPR Training – AED Training

Emphasis on CPR & First Aid providing training in essential skills of patient care. This course promotes a relaxed environment with emphasis on practical skills that address adult life-threatening emergencies. An Actar is provided for each participant to practice CPR skills.

Automated External Defibrillator training (AED) is also provided through Safety Connection. Contact us for details.

First Aid & CPR training is mandatory for employees in the workplace.

Have you had an update?

What the participant will learn

- Bandages, splinting materials, barrier devices/pocket masks
- Head, spine, musculoskeletal and soft tissue injuries, sudden medical conditions and poisons
- Adult choking – airway, breathing and cardiovascular
- Demonstration and practice of adult one rescuer CPR

Instruction:

- Presentation by a qualified instructor
- Interactive group involvement
- Video Presentation
- Written evaluation
- Confirmation of Training/Record of Training



Who Should Attend:

- Designated First Aid Responders
- Managers, Supervisors
- JHSC
- Employees



Course Length:

- 8 hours
- All materials, manuals, certificates and wallet cards are included.

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